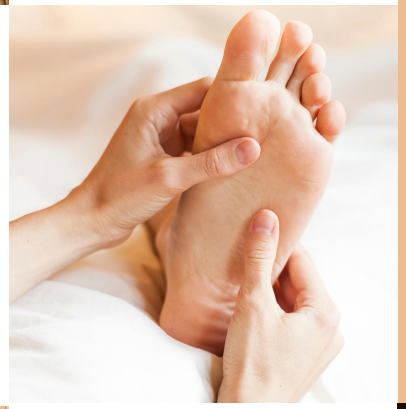
BOOK YOUR SESSION



PHONE
(08)8281 2499

ADDRESS
1-3 Burman Ave
Gilles Plains
5086

WEBSITE

Health fund
rebates available for
remedial massage

PsychMed

REMEDIAL MASSAGE

CARING FOR YOUR MENTAL & PHYSICAL WELLBEING

NAYU BUICK

Nayu studied Acupuncture and Moxibustion in Japan. She is a registered remedial massage and dry needle therapist with several years of experience in Australia. She is also a member of Massage Myotherapy Australia with special interest in neck and shoulder pain.

BENEFITS OF REMEDIAL MASSAGE

- Treat acute and chronic conditions
- Ease muscle pain
- Stimulate blood circulation
- Increase joint mobility
- Repair damaged tissue

Eligibility

- No referral required
- Phone booking

Availability at Gilles Plains

- Tuesday: 9:30am - 3:30pm
- Additional days are coming

PACKAGES

Remedial Massage

Oil massage and dry needling (if requested) to treat muscle tension or chronic pain.

60 minutes …. $90
30 minutes …. $60

Japanese Traditional Oil Massage

Combination of kneading, tapping, pulling and finger pressure on legs, back, arms, shoulders and neck. Great for rejuvenating the body and relaxing the mind.

60 minutes …. $80
30 minutes …. $50